

RULES FOR THIS WEEK

Remember the 3 components of a 'good' rule:

- ✓ Short
- ✓ Very clear about what to do and what will follow
- ✓ Easy to put into effect



Behavior:

Rule:



Behavior:

Rule:



DAY OF THE WEEK	INSTRUCTIONS I GAVE	DID MY CHILD FOLLOW?	WHAT I DID/SAID IMMEDIATELY AFTER.
<i>Monday</i>	1. 2. 3. 4. 5.	YES / NO	1. 2. 3. 4. 5.
<i>Tuesday</i>	1. 2. 3. 4. 5.	YES / NO	1. 2. 3. 4. 5.
<i>Wednesday</i>	1. 2. 3. 4. 5.	YES / NO	1. 2. 3. 4. 5.
<i>Thursday</i>	1. 2. 3. 4. 5.	YES / NO	1. 2. 3. 4. 5.
<i>Friday</i>	1. 2. 3. 4. 5.	YES / NO	1. 2. 3. 4. 5.
<i>Saturday</i>	1. 2. 3. 4. 5.	YES / NO	1. 2. 3. 4. 5.
<i>Sunday</i>	1. 2. 3. 4. 5.	YES / NO	1. 2. 3. 4. 5.